

**QP Code: PBN102****B.Sc.(N) [Post Basic (1<sup>st</sup> Year)]**

BF/2022/05

**Nutrition & Dietetics**

[New Scheme-w.e.f. 2007 admission]

**Time : 2 Hours****Max Marks : 35**

- Note: 1.) *Attempt all questions.*  
 2.) *NO SUPPLEMENTARY SHEET SHALL BE ALLOWED /PROVIDED.*  
 3.) *The Student must write O.P. Code in the space provided on the Title Page of the Answer Book.*

1. **Define the following terms :** [1x5=5]

- Balanced Diet
- Overweight
- Food Hygiene
- Micro- nutrients
- Weaning

2. **Discuss the Dietary Management of any TWO of the following :** [3½x2=7]

- Renal Disorders
- Fever
- Pre-Post Operative Stages

3. **Briefly discuss any TWO of the following:** [3½x2=7]

- Problems faced in feeding Pre-school Child
- Advantages of School lunch program
- Nutritional needs for Elderly people

4. **Explain any TWO of the following :** [3½x2=7]

- Preservation of Food
- Current nutritional problems
- Menu plans for Pregnant Women

**Write Short Notes on any THREE of the following :** [3x3=9]

- Menu plans for Infants
- Importance of Food hygiene
- Planning of Therapeutic diet
- Factors in planning nutrition for Infants
- Diet therapy for Overweight

5044PBN102-106.204.195.239:Institute of Nursing Education, Guru Teg Bahadur Hospital, Ludhiana

**QP Code: PBN102**

# **B.Sc.(N) [Post Basic (1<sup>st</sup> Year)]**

BF/2021/11

## **Nutrition & Dietetics**

[New Scheme-w.e.f. 2007 admission]

**Time : 2 Hours**

**Max Marks : 35**

- Note: 1.) *Attempt all questions.*  
2.) *NO SUPPLEMENTARY SHEET SHALL BE ALLOWED /PROVIDED.*  
3.) *The Student must write Q.P. Code in the space provided on the Title Page of the Answer Book.*

1. Define the following : [1x5=5]  
a. Dietetics  
b. Under Weight  
c. Premature Infant  
d. Food Taboos  
e. Under Nutrition
2. Discuss the Dietary Management of any TWO of the following : [3½x2=7]  
a. Diabetes Mellitus  
b. Nephrotic Syndrome  
c. Jaundice
3. Describe briefly any TWO of the following: [3½x2=7]  
a. Cheap and Nutritious Food  
b. Methods of Cooking  
c. Nutrition Education
4. Explain any TWO of the following : [3x2=7]  
a. Current National Nutritional Programme  
b. Marasmus  
c. Supplementary Feeding
5. Write Short Notes on any THREE of the following : [3x3=9]  
a. Protein Metabolism  
b. Minerals  
c. Nutritional Need of Pre-school Child  
d. Balanced Diet  
e. Diet in diseases of Childhood

5056PBN102:162.158.235.177:Institute of Nursing Education, Guru Teg Bahadur Hospital, Ludhiana

**QP Code: PBN102**

# **B.Sc.(N) [Post Basic (1<sup>st</sup> Year)]**

BF/2021/01

## **Nutrition & Dietetics**

[New Scheme-w.e.f. 2007 admission]

**Time : 2 Hours**

**Max Marks : 35**

- Note: 1.) *Attempt all questions.*  
2.) *NO SUPPLEMENTARY SHEET SHALL BE ALLOWED /PROVIDED*  
3.) *The Student must write O.P. Code in the space provided on the Title Page of the Answer Book.*

1. **Define the following :**

- Malnutrition
- Weaning
- B.M.I
- Diet Planning
- ICDS

[1x5=5]

2. **Discuss the Dietary Management of any TWO of the following :**

- Chronic renal failure
- Diarrhea
- Hypothyroidism

[3½x2=7]

3. **Describe briefly any TWO of the following:**

- Nutritional needs of Lactating Mother
- Vitamin D
- Balanced diet

[3½x2=7]

4. **Explain any TWO of the following :**

- Principles of Nutritional Education
- Supplementary Feeding
- Community Nutrition

[3½x2=7]

5. **Write Short Notes on any THREE of the following :**

- High Protein Diet
- Mid Day Meal Program
- Food Hygiene
- Substitution of Non- vegetarian diet
- Nutritional problem of India

[3x3=9]

5044PBN102-06  
102:106.76.77.198-Institute of Nursing Education, Guru Teg Bahadur Hospital, Ludhiana (Evening)

QP Code: PBN102

# B.Sc.(N) [Post Basic (1<sup>st</sup> Year)]

BF/2019/08

## Nutrition & Dietetics

[New Scheme-w.e.f. 2007 admission]

Max Marks : 35

Time : 2 Hours

- Note: 1.) *Attempt all questions.*  
2.) *NO SUPPLEMENTARY SHEET SHALL BE ALLOWED /PROVIDED.*  
3.) *The Student must write O.P. Code in the space provided on the Title Page of the Answer Book.*

1. Define the following :

- Nutrition
- Underweight
- Enzyme
- B.M.I.
- Essential Amino Acids

2. Discuss the Dietary Management of any TWO of the following :

[3½x2=7]

- Constipation
- Fever
- Kwashiorkor

3. Describe briefly any TWO of the following:

[3½x2=7]

- Nutritional Needs of Preschool Children
- I.C.D.S.
- Food Preservation

4. Explain any TWO of the following :

[3½x2=7]

- Role of Nurse in Prevention of Anemia
- Nutrition Education
- Supplementary Feeding of Infant

5. Write Short Notes on any THREE of the following :

[3x3=9]

- Balanced Diet
- Milk Borne Diseases
- Nuts & Oil Seeds
- Anorexia
- Beverages

5019PBN102-157-39.5-10:Institute of Nursing Education, Guru Teg Bahadur Hospital, Ludhiana

**QP Code: PBN102**

# **B.Sc.(N) [Post Basic (1<sup>st</sup> Year)]**

BF/2018/08

## **Nutrition & Dietetics**

[New Scheme-w.e.f. 2007 admission]

**Time : 2 Hours**

**Max Marks : 35**

- Note: 1.) *Attempt all questions.*  
2.) *NO SUPPLEMENTARY SHEET SHALL BE ALLOWED /PROVIDED.*  
3.) *The Student must write O.P. Code in the space provided on the Title Page of the Answer Book.*

1. **Define the following :** [1x5=5]  
a. Balanced Diet.  
b. Supplementary Feeding.  
c. Malnutrition.  
d. Dietetics.  
e. Preservation.
2. **Discuss the Dietary Management of any TWO of the following :** [3½x2=7]  
a. Hydronephrosis.  
b. Pre and Post Operative Stage.  
c. Coronary Artery Disease.
3. **Describe briefly any TWO of the following:** [3½x2=7]  
a. Food Groups.  
b. Methods of Preservation.  
c. Functions of Proteins.
4. **Explain any TWO of the following :** [3½x2=7]  
a. Liquid Supplemental Foods.  
b. Assessment of Nutritional Status.  
c. Peptic Ulcer Dietary Management.
5. **Write Short Notes on any THREE of the following :** [3x3=9]  
a. Guidelines for Dietary Planning.  
b. Diet in Renal Disorder.  
c. Carbohydrates and its Classification.  
d. Methods of Food Storage.  
e. Mid Day Meal Programme.
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**QP Code: PBN102**

# **B.Sc.(N) [Post Basic (1<sup>st</sup> Year)]**

BF/2018/08

## **Nutrition & Dietetics**

[New Scheme-w.e.f. 2007 admission]

**Time : 2 Hours**

**Max Marks : 35**

- Note: 1.) *Attempt all questions.*  
2.) *NO SUPPLEMENTARY SHEET SHALL BE ALLOWED /PROVIDED.*  
3.) *The Student must write O.P. Code in the space provided on the Title Page of the Answer Book.*

1. **Define the following :** [1x5=5]  
a. Balanced Diet.  
b. Supplementary Feeding.  
c. Malnutrition.  
d. Dietetics.  
e. Preservation.
2. **Discuss the Dietary Management of any TWO of the following :** [3½x2=7]  
a. Hydronephrosis.  
b. Pre and Post Operative Stage.  
c. Coronary Artery Disease.
3. **Describe briefly any TWO of the following:** [3½x2=7]  
a. Food Groups.  
b. Methods of Preservation.  
c. Functions of Proteins.
4. **Explain any TWO of the following :** [3½x2=7]  
a. Liquid Supplemental Foods.  
b. Assessment of Nutritional Status.  
c. Peptic Ulcer Dietary Management.
5. **Write Short Notes on any THREE of the following :** [3x3=9]  
a. Guidelines for Dietary Planning.  
b. Diet in Renal Disorder.  
c. Carbohydrates and its Classification.  
d. Methods of Food Storage.  
e. Mid Day Meal Programme.

5031PBN102-49.14.106.103:Institute of Nursing Education, Guru Teg Bahadur Hospital, Ludhiana

**B.Sc.(N) [Post Basic (1<sup>st</sup> Year)]**

BF/2017/09

**Nutrition & Dietetics**

[New Scheme-w.e.f. 2007 admission]

**Time : 2 Hours**

**Max Marks : 35**

- Note: 1.) *Attempt all questions.*  
2.) *NO SUPPLEMENTARY SHEET SHALL BE ALLOWED /PROVIDED.*  
3.) *The Student must write O.P. Code in the space provided on the Title Page of the Answer Book.*

1. **Define the following :** [1x5=5]  
a. Micronutrients.  
b. Supplementary Food.  
c. Diet Therapy.  
d. Premature Infant.  
e. Obesity.
2. **Discuss the Dietary Management of any TWO of the following :** [3½x2=7]  
a. Constipation.  
b. Fever.  
c. Malnutrition.
3. **Describe briefly any TWO of the following:** [3½x2=7]  
a. Food Hygiene.  
b. Iodine Deficiency.  
c. Diet for Elderly.
4. **Explain any TWO of the following :** [3½x2=7]  
a. Feeding Problems of Pre School Children.  
b. Therapeutic Diet for Liver Diseases.  
c. Protein Calorie Malnutrition.
5. **Write Short Notes on any THREE of the following :** [3x3=9]  
a. Supplementary Feeding for Infants.  
b. Food Poisoning.  
c. Nutritional needs of Pre School Children.  
d. Low Cost Nutritious Foods.  
e. Beverages and its Importance.
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**B.Sc.(N) [Post Basic (1<sup>st</sup> Year)]**

BF/2017/02

**Nutrition & Dietetics**

[New Scheme-w.e.f. 2007 admission]

Time : 2 Hours

Max Marks : 35

- Note: 1.) *Attempt all questions.*  
2.) *NO SUPPLEMENTARY SHEET SHALL BE ALLOWED /PROVIDED.*  
3.) *The Student must write O.P. Code in the space provided on the Title Page of the Answer Book.*

1. Define the following : [1x5=5]  
a. Balanced Diet.  
b. Malnutrition.  
c. Night- Blindness.  
d. Weaning.  
e. Dehydration.
2. Discuss the Dietary Management of any TWO of the following : [3½x2=7]  
a. Diabetes.  
b. Acute Respiratory Infections.  
c. Oral Ulcers.
3. Describe briefly any TWO of the following: [3½x2=7]  
a. Routine Hospital Diet.  
b. School Lunch Programme.  
c. Antenatal Diet.
4. Explain any TWO of the following : [3½x2=7]  
a. Factors to be considered while planning therapeutic diet.  
b. Diet for Constipation among Elderly.  
c. High Protein Diet.
5. Write Short Notes on any THREE of the following : [3x3=9]  
a. Diet for Hypertensive Patient.  
b. Methods of Cooking.  
c. Non Vegetarian Diet.  
d. Food Adulteration.  
e. Nutritional needs of Adolescents.
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**B.Sc.(N) [Post Basic (1<sup>st</sup> Year)]**

BF/2016/08

**Nutrition & Dietetics**

[New Scheme-w.e.f. 2007 admission]

Time : 2 Hours

Max Marks : 35

- Note: 1.) *Attempt all questions.*  
2.) *NO SUPPLEMENTARY SHEET SHALL BE ALLOWED /PROVIDED.*  
3.) *The Student must write O.P. Code in the space provided on the Title Page of the Answer Book.*

1. Define the following : [1x5=5]  
a. Food Adulteration.  
b. RDA (Recommended Daily Allowance).  
c. Vulnerable Group.  
d. Infant.  
e. Under Weight.
2. Discuss the Dietary Management of any TWO of the following : [3½x2=7]  
a. Pre School Child.  
b. Irritable Bowel Syndrome.  
c. Post Gastrectomy Patient
3. Describe briefly any TWO of the following: [3½x2=7]  
a. Micro Nutrient Deficiency.  
b. Water Soluble Vitamins.  
c. Preparation and Preservation of Food.
4. Explain any TWO of the following : [3½x2=7]  
a. Assessment of Nutritional needs of an Elderly.  
b. Factors influencing Meal Planning.  
c. Need for Nutrition Education.
5. Write Short Notes on any THREE of the following : [3x3=9]  
a. Special Nutritional need of patient with High Grade Fever.  
b. Anthropometric Measurement of a Child.  
c. Food Security Act.  
d. Fat in Diet and its Sources.  
e. Nutritional Problems in India.
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# B.Sc.(N) [Post Basic (1<sup>st</sup> Year)]

BF/2016/08

## Nutrition & Dietetics

[New Scheme-w.e.f. 2007 admission]

Max Marks : 35

Time : 2 Hours

- Note: 1.) *Attempt all questions.*  
2.) *NO SUPPLEMENTARY SHEET SHALL BE ALLOWED /PROVIDED.*  
3.) *The Student must write Q.P. Code in the space provided on the Title Page of the Answer Book.*

1. Define the following :

[1x5=5]

- Food Adulteration.
- RDA (Recommended Daily Allowance).
- Vulnerable Group.
- Infant.
- Under Weight.

2. Discuss the Dietary Management of any TWO of the following :

[3½x2=7]

- Pre School Child.
- Irritable Bowel Syndrome.
- Post Gastrectomy Patient

3. Describe briefly any TWO of the following:

[3½x2=7]

- Micro Nutrient Deficiency.
- Water Soluble Vitamins.
- Preparation and Preservation of Food.

4. Explain any TWO of the following :

[3½x2=7]

- Assessment of Nutritional needs of an Elderly.
- Factors influencing Meal Planning.
- Need for Nutrition Education.

5. Write Short Notes on any THREE of the following :

[3x3=9]

- Special Nutritional need of patient with High Grade Fever.
- Anthropometric Measurement of a Child.
- Food Security Act.
- Fat in Diet and its Sources.
- Nutritional Problems in India.